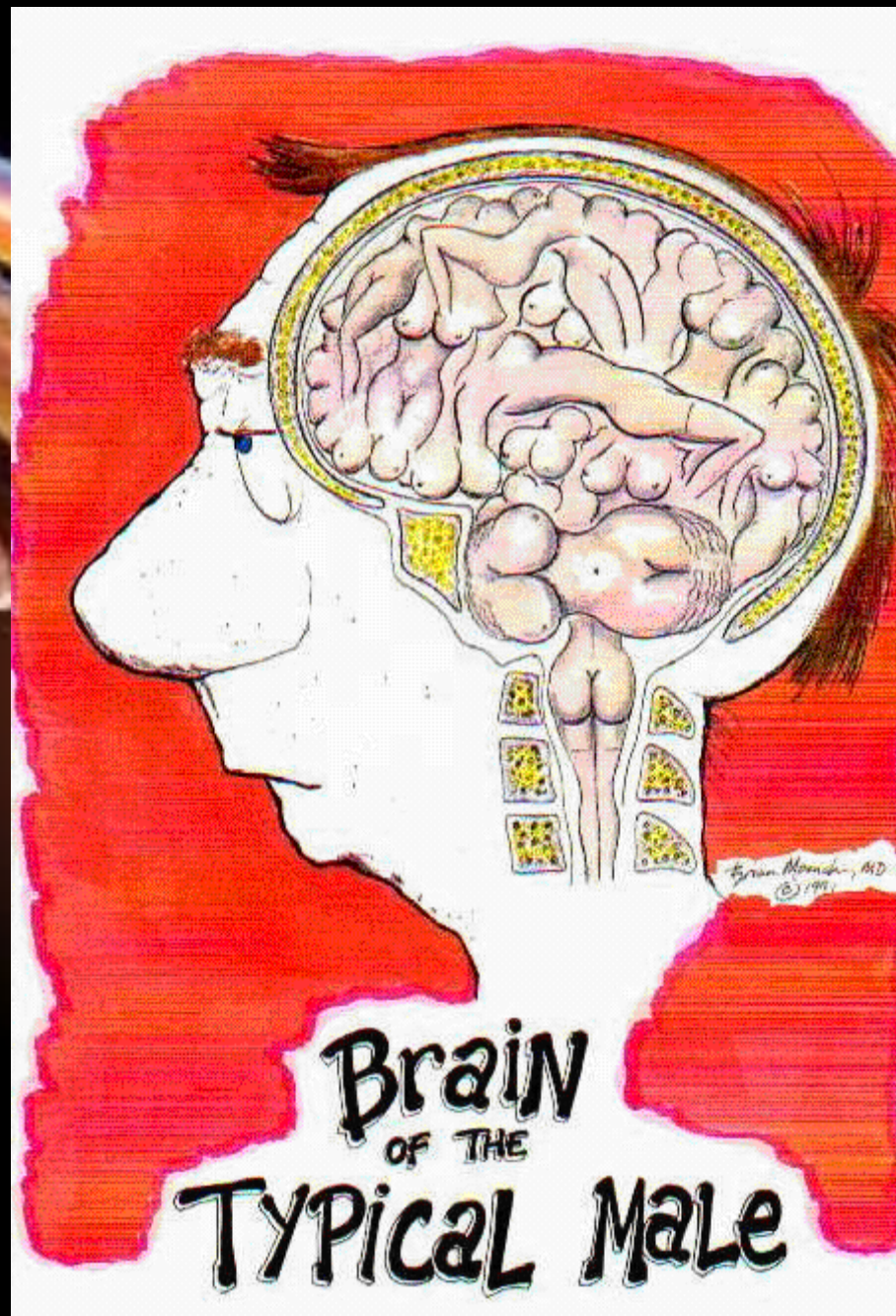


**FOOTNOTE:** The "Put Oil into the Car" and "Be Quiet During the Game" glands are active only when the "SHINY THINGS AND DIAMONDS" OLfactory has been satisfied or when there is a shoe sale.



# Brain OF THE TYPICAL Male



***ELECTRICAL SAFETY***

***NFPA 70E***

***(ARC FLASH)***

**FRUMENCIO T. TAN**

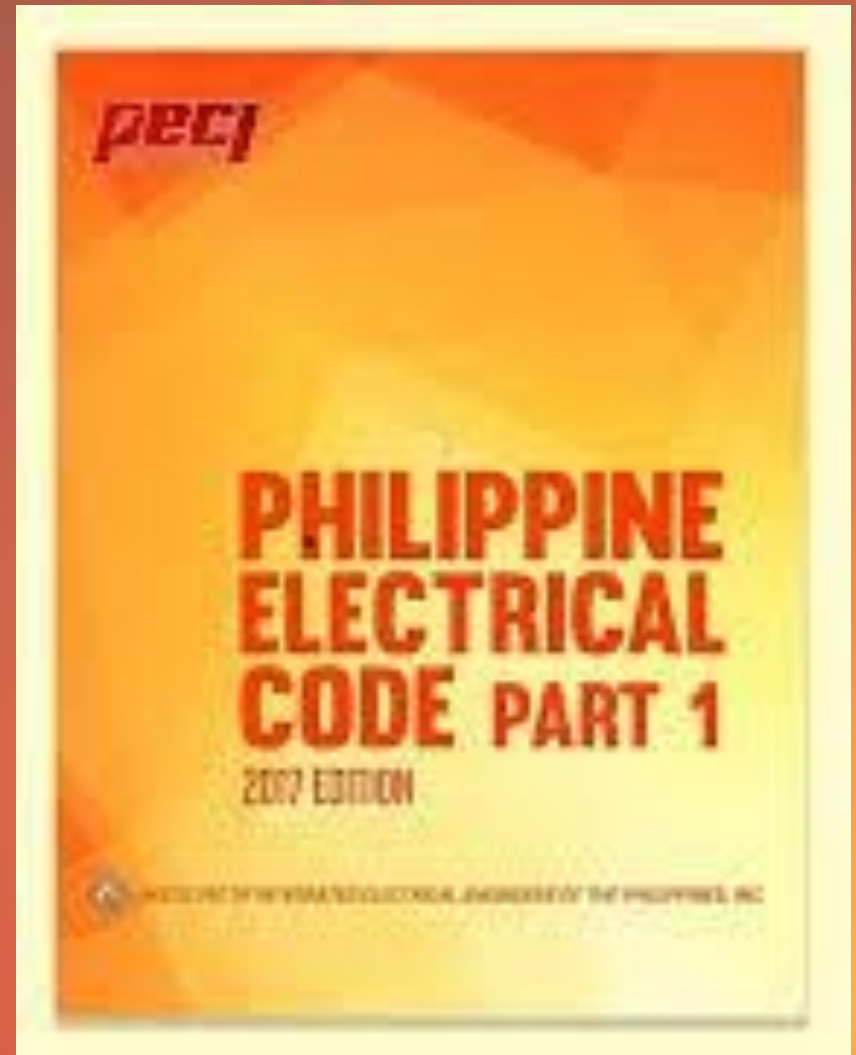
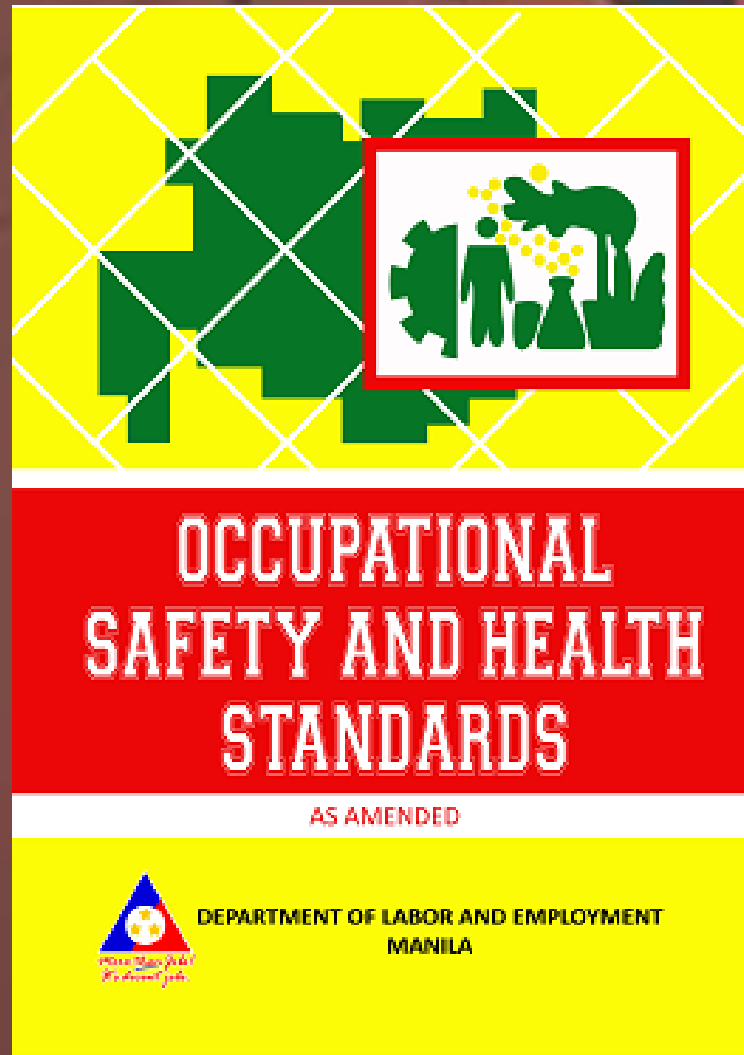
**Accredited Safety Consultant**



# What Does an Electrician Do?

- ⚡ **Reading blueprints**
- ⚡ **For safety, electricians follow the Philippine Electrical Code (OSHS)**
- ⚡ **Connecting all types of wires and circuit breakers, outlets, and a host of other components**
- ⚡ **Regular assessments of electrical equipment and electrical systems**
- ⚡ **Work involves adding and replacing wires, fuses, circuit breakers, connections**
- ⚡ **Test electrical devices**

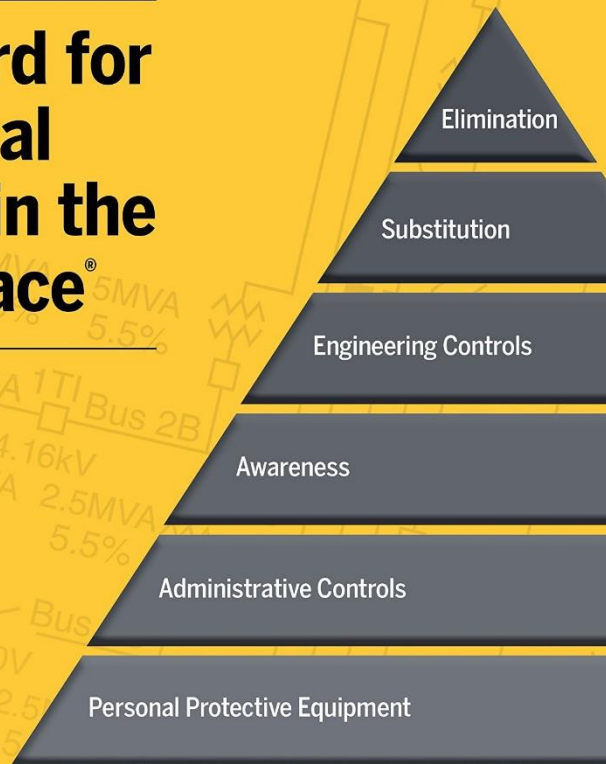




# NFPA 70E®

## Standard for Electrical Safety in the Workplace®

2018





# ESH Coordinators Meeting

## Stanford Linear Accelerator Center (SLAC) Contractor Hospitalized After Arc Flash

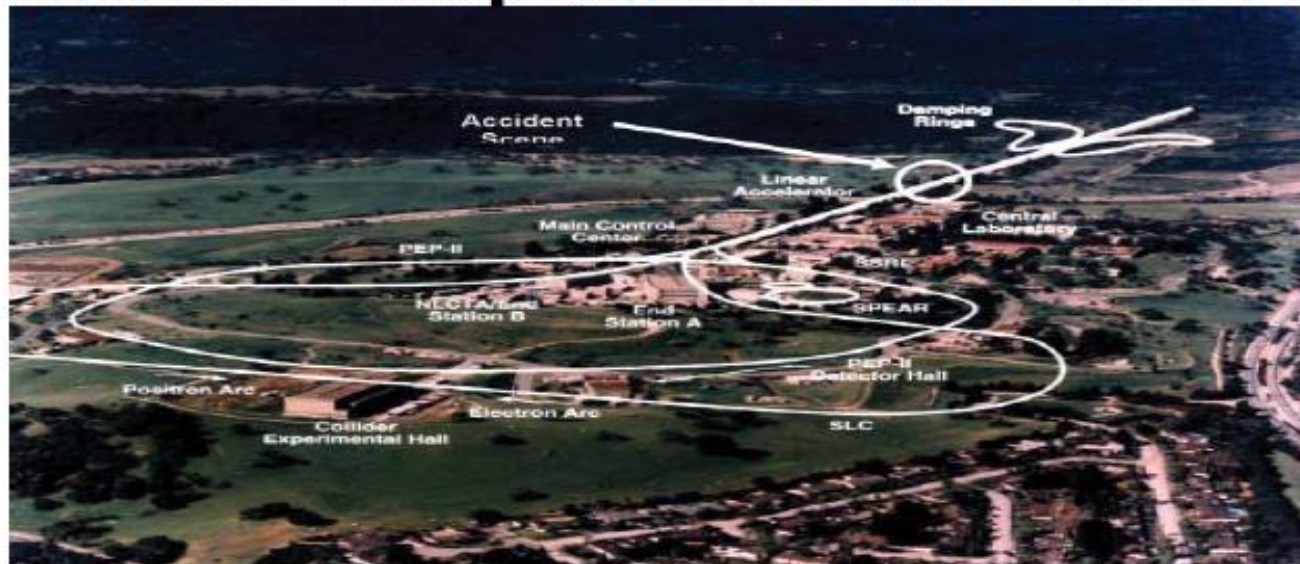


Figure 1-1. Stanford Linear Accelerator Center with Accident Scene Marked



# Accident Description

## October 11, 2004

- SLAC Supervisor directs subcontractor electrician to install breaker in live 480 volt dist. panel.
- Supervisor did not obtain required working “EEW” permit.
- The electrician wore a short sleeved cotton/polyester shirt, leather gloves over Voltage (V) rated gloves, safety glasses, and a hardhat.
- When the accident occurred, the electrician **had** connected phases B and C and was in **the process of** connecting phase A.

# Scene Immediately After the Accident



Figure 2-1. Scene immediately after the accident

# Insulating Mat With Outline of Knee in Arc Flash Shadow

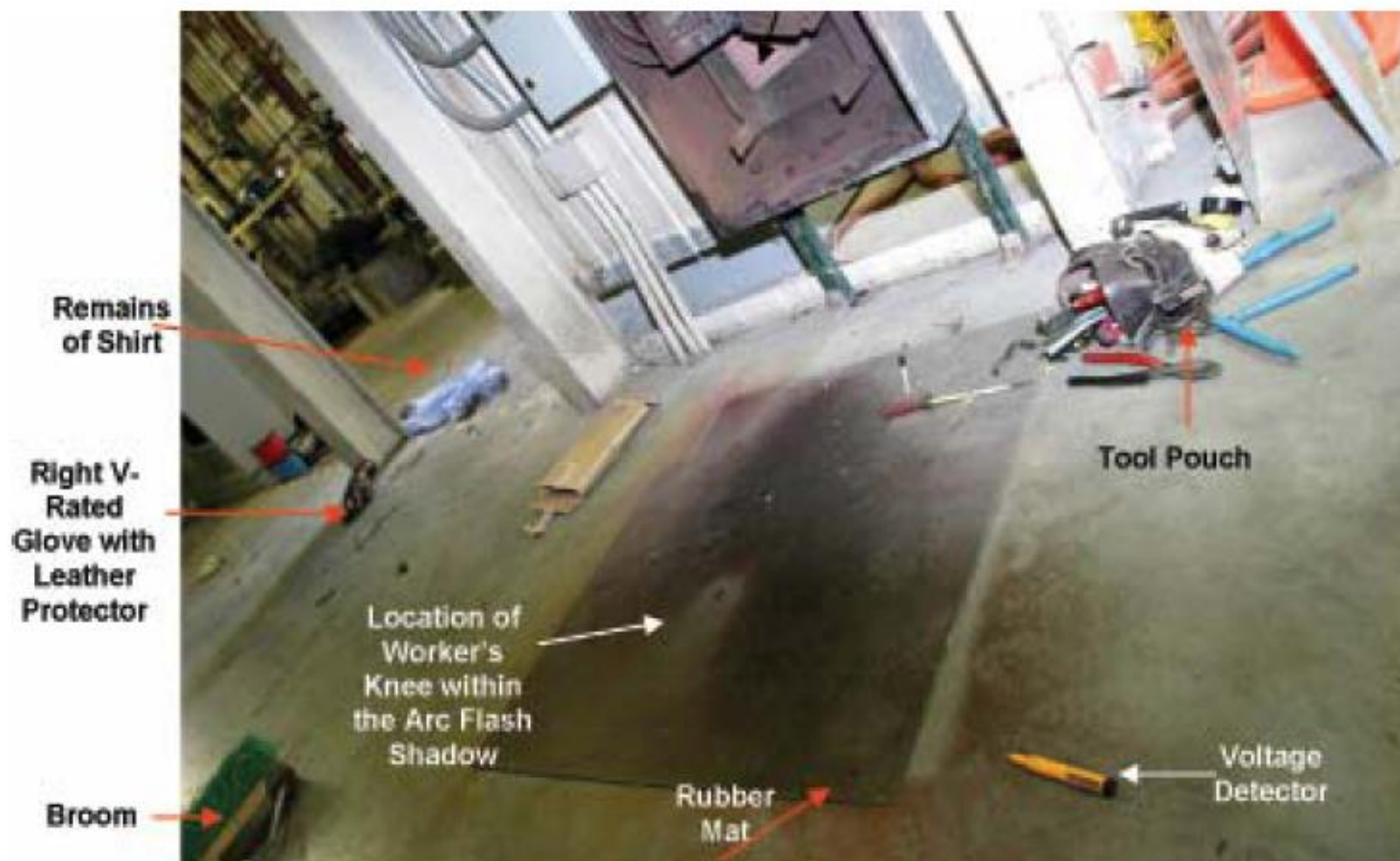


Figure 2-3. The insulating mat with the outline of BSE-1's knee in the arc flash shadow



# Screwdriver Used When Arc Flash Occurred



**Figure 2-9. Closeup of the screwdriver the Board believes BSE-1 was using when the arc flash occurred**



# Burned Glove

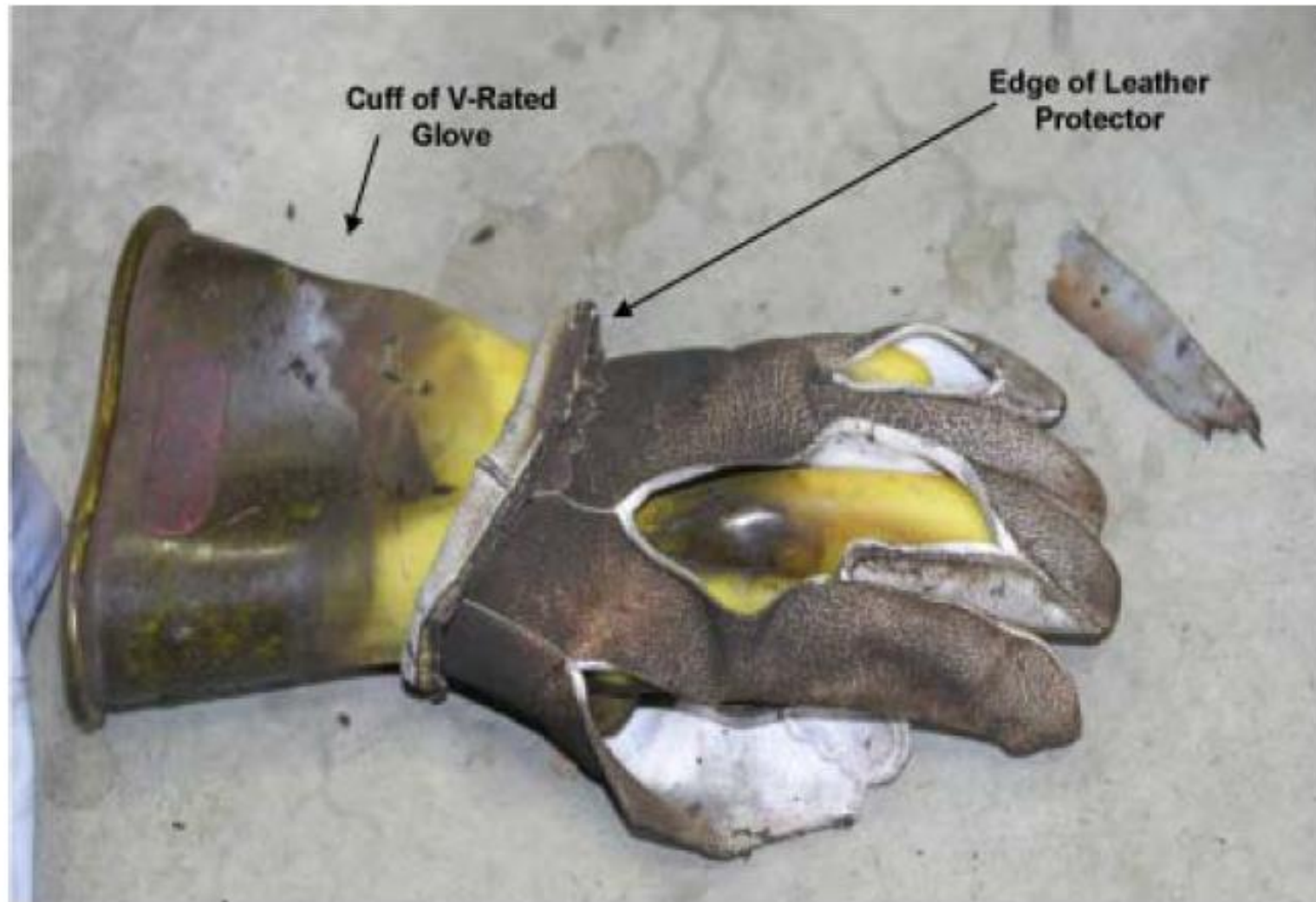


Figure 2-8. Closeup of one of BSE-1's burned gloves

# Burned Shirt & Flash-damaged PPE & Tools



**Figure 2-6. BSE-1's burned shirt and his flash-damaged PPE and tools**



# Required Equipment for 480

Safety Glasses

Hearing Protection

**Figure 3-5.** Worker wearing the eye and hearing protection to be worn under the double-layer switching hood



**Figure 3-4.** Worker wearing the correct protective clothing and PPE

# Circuit Breaker Panel



**Incident Circuit  
Breaker Supported  
Only by Phase C  
Connection**



# Accident Analysis

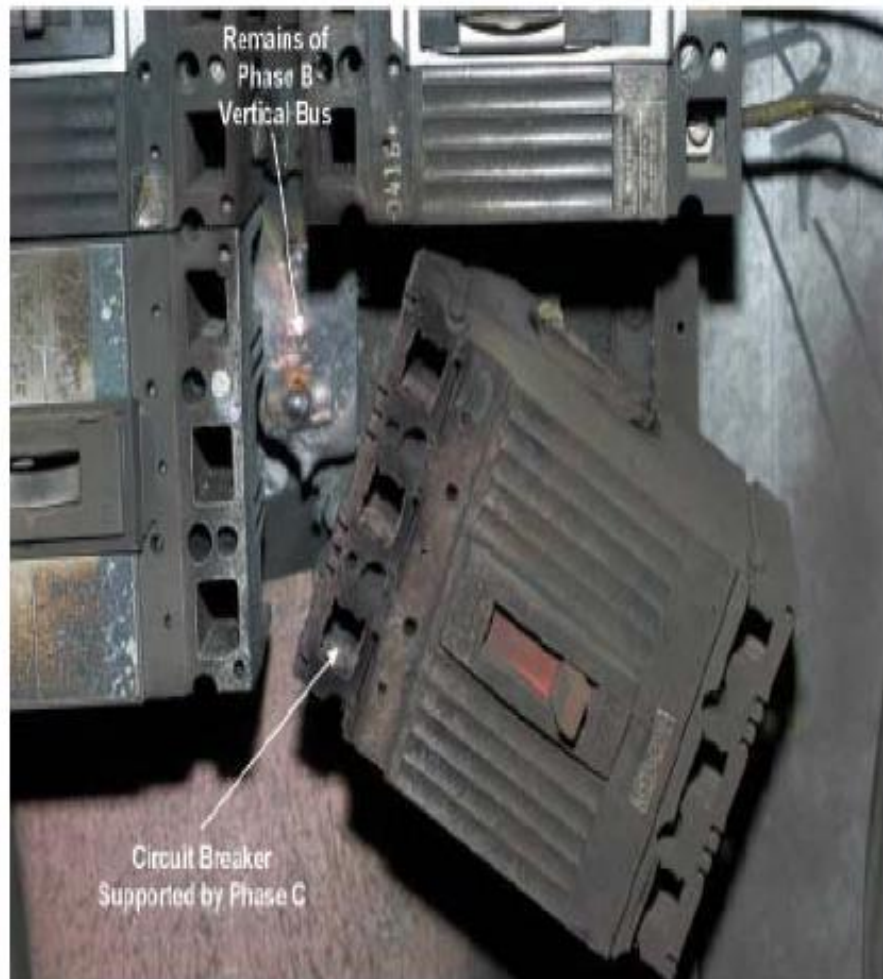


Figure 2-10. Closeup 1 of the damaged circuit breaker panel

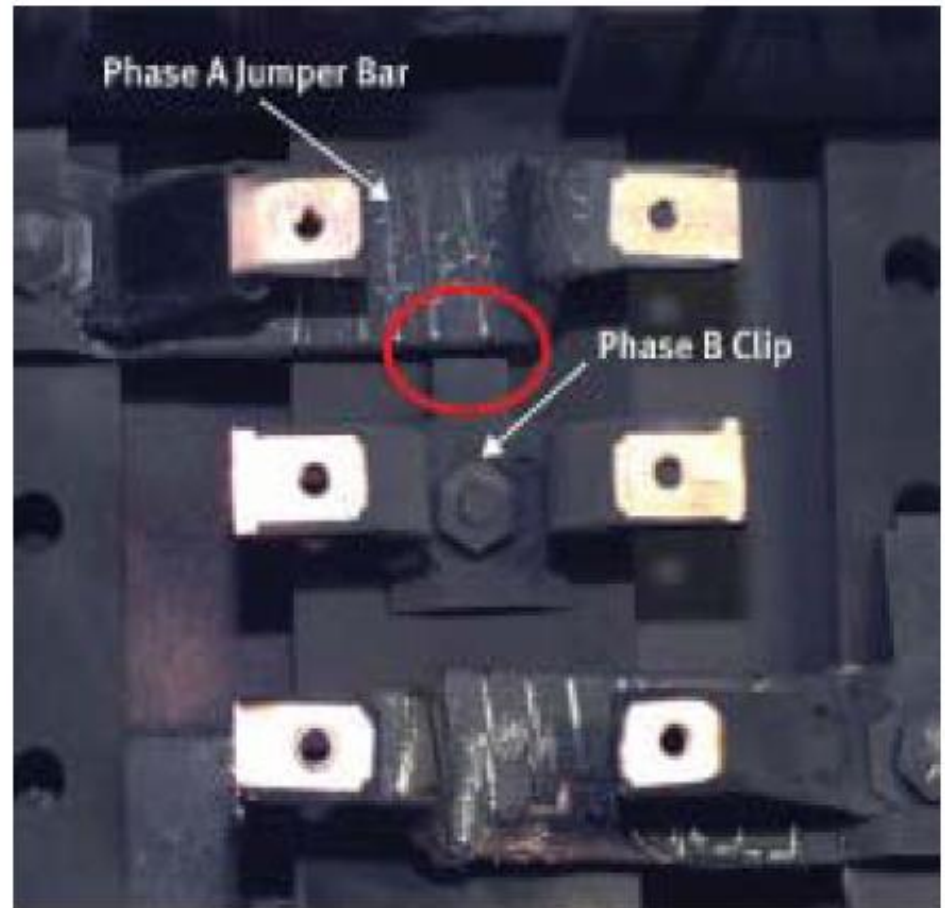


Figure 3-3. Close up of jumper bar and clip with the believed location of the fault circled in red

# Identified Key Deficiencies

- ✚ A Pre Work Hazards Analysis form was not completed
- ✚ There was no approved Energized Electrical Work Permit
- ✚ No one in the SLAC management chain had been informed of the decision by the supervisor to install the circuit breaker in an energized panel
- ✚ The workers did not wear the appropriate flame resistant clothing, and all required PPE
- ✚ The SLAC safety officials were not involved
- ✚ The subcontractor laborer was not trained to **be a backup for the electrician**

The background of the slide features a silhouette of a person climbing a tree. The scene is set against a warm, orange-hued sky, suggesting a sunset or sunrise. The sun is visible as a bright, glowing orb in the lower right corner. The overall composition is artistic and thematic, likely representing the concept of reaching new heights or overcoming challenges.

## **NFPA 70E- Requirements for Two Types of Boundaries**

- **Shock**
- **Flash**

**Knowing the boundaries not enough  
Need to know PPE, Tools, etc.**

**In practice, need to address both boundary types in integrated manner.**

A silhouette of a person climbing a utility pole is visible on the left side of the image. The background is a bright orange and yellow sunset sky with a large, glowing sun in the lower right corner. The overall scene suggests a high-voltage electrical environment.

**What are the NFPA 70E  
requirements for shock hazard  
and arc flash hazard?**



# NFPA 70E Boundaries

## ***Shock Protection Boundaries***

### ***Limited Approach Boundary***

entered only by qualified persons or unqualified persons escorted by qualified person

### ***Restricted Approach Boundary***

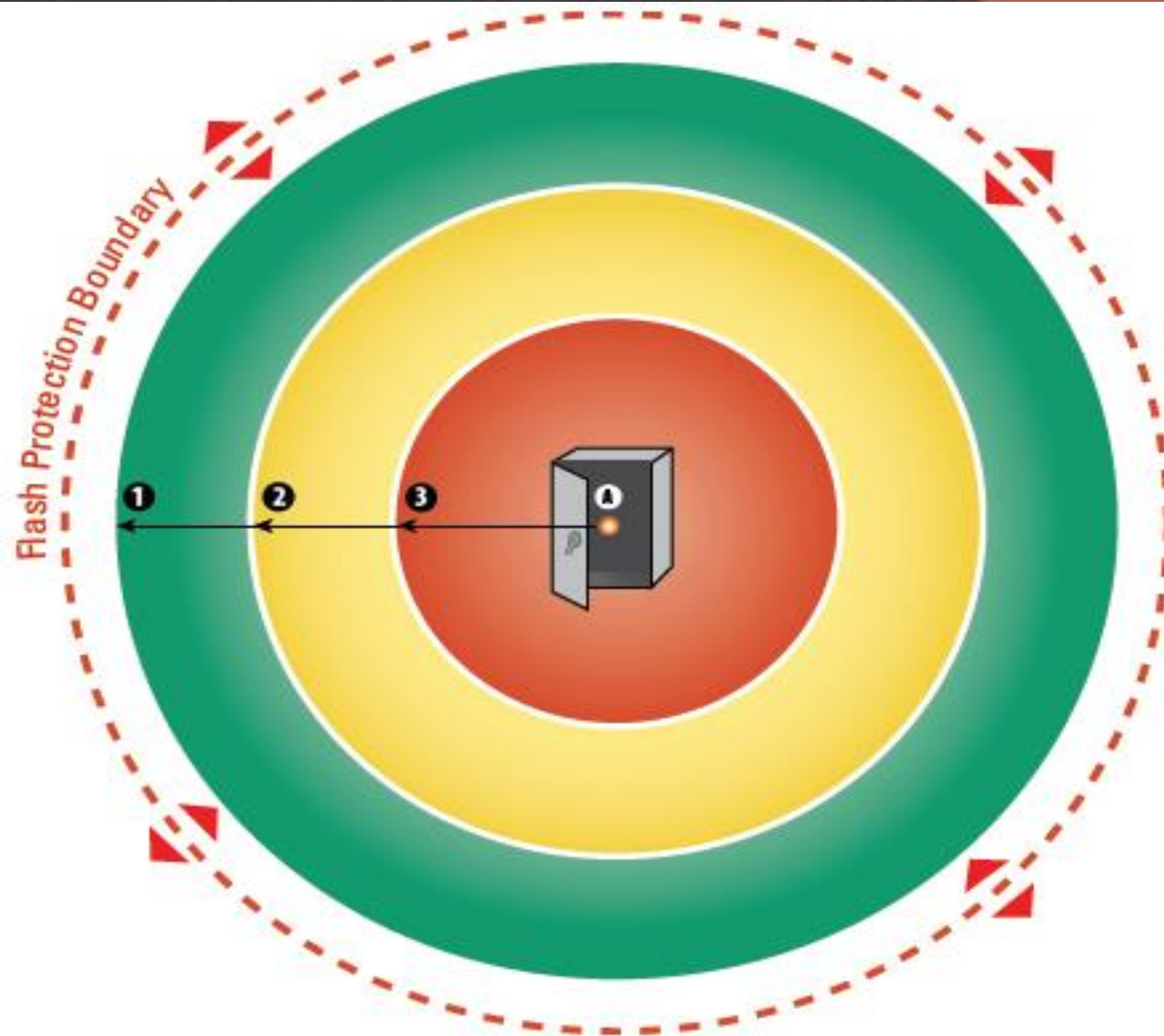
entered only by qualified persons required to use shock protection techniques and equipment

### ***Prohibited Approach Boundary***

entered only by qualified persons requiring same protection as if direct contact with live part

### ***Flash Protection Boundary***

linear distance to prevent serious injury from a potential arc flash



- ① Limited Approach Boundary
- ② Restricted Approach Boundary
- ③ Prohibited Approach Boundary
- ④ Energized Part

# Shock Hazard Approach Boundaries

*(from NFPA 70E)*

Column Number (1)	(2)	(3)	(4)	(5)
Nominal System Voltage Range	Limited approach Boundary		Restricted Approach Boundary	Prohibited Approach Boundary
Phase-to-Phase	Exposed Movable Conductor	Exposed Fixed Circuit Part	Includes Inadvertent Movement Adder	Includes Reduced Inadvertent Movement Adder
Energized Part to Employee - Distance in feet - Inches				
50 V and less	Not Specified	Not Specified	Not Specified	Not Specified
Over 50 V, not over 300 V	10 ft. 0 in.	3 ft. 6 in.	Avoid Contact	Avoid Contact
Over 300 V, not over 750 V	10 ft. 0 in.	3 ft. 6 in.	1 ft. 0 in.	0 ft. 1 in.
Over 750 V, not over 15 kV	10 ft. 0 in.	5 ft. 0 in.	2 ft. 2 in.	0 ft. 7 in.
Over 15 kV, not over 36 kV	10 ft. 0 in.	6 ft. 0 in.	2 ft. 7 in.	0 ft. 10 in.



# Flash Hazard - NFPA 70E

## Article 130.3

### *130.3 Flash Hazard Analysis.*

*Flash hazard analysis shall be done before a person approaches any exposed electrical conductor or circuit part that has not been placed in an electrically safe work conditions.”*

### *What is required?*

- 1. Determine Flash Protection Boundary*
- 2. Determine the Personnel Protective Equipment*

# Flash Hazard

*How?*

*1. Determine Flash Protection Boundary:*

*Calculate using Isca & clearing time*

*(or use tables - many qualifiers)*

*(or default to four feet - 600 V or less)*

*2. Determine the Personnel Protective Equipment :*

*A. Calculate incident energy exposure level for distance of worker's face and chest from the possible arc source (18" typical - considers the head and torso but not the hands and arms).*

*B. Select appropriate PPE for incident energy.*

# Flash Hazard Analysis

## *Flash Protection Boundary Calculations*

- 1) (600 V or less) Distance formula based on fault available and clearing time of overcurrent protective device: **(0.1 sec)**

$$D_C = [2.65 \times \text{MVA}_{\text{bf}} \times t]^{1/2} \text{ ) ft}$$

where  $\text{MVA}_{\text{bf}} = 1.73 (\text{Isca}) (\text{Voltage}) \times 10^{-6}$

- 2) (> 600 V) Distance based on where incident energy level is 1.2 or 1.5 cal/cm<sup>2</sup>



# Flash Hazard Analysis -Example 1

- **Flash Protection Boundary Calculation**

Circuit using non-current limiting circuit breaker

Overcurrent protective device  
with clearing time of 6 cycles

40896 Amperes Available

480 Volt,  
3 phase  
Main Lug  
Only Panel

**Answer**

$$D_C = 3 \text{ ft}$$

MVA= 33.999

# Flash Hazard Analysis

***Flash Protection Boundaries*** need to be  
calculated for all levels of fault current.



# **Incident Energy**

**To select proper Personal Protective Equipment (PPE), calculate incident energy. This is a measure of the thermal energy at a specific distance from the arc flash.**

**Units: calories per cm<sup>2</sup>**



*A Calorie is the amount of heat energy needed to raise the temperature of one gram of water by one degree Celsius.*

## ARC-FLASH METRICS

$$\text{Energy (E)} = \text{Power (P)} \times \text{Time (t)}$$

$$\text{Power (P)} = \text{Volts (V)} \times \text{Amps (I)}$$

$$\text{Calories (E)} = \text{Volts (V)} \times \text{Amps (I)} \times \text{Time (t)}$$

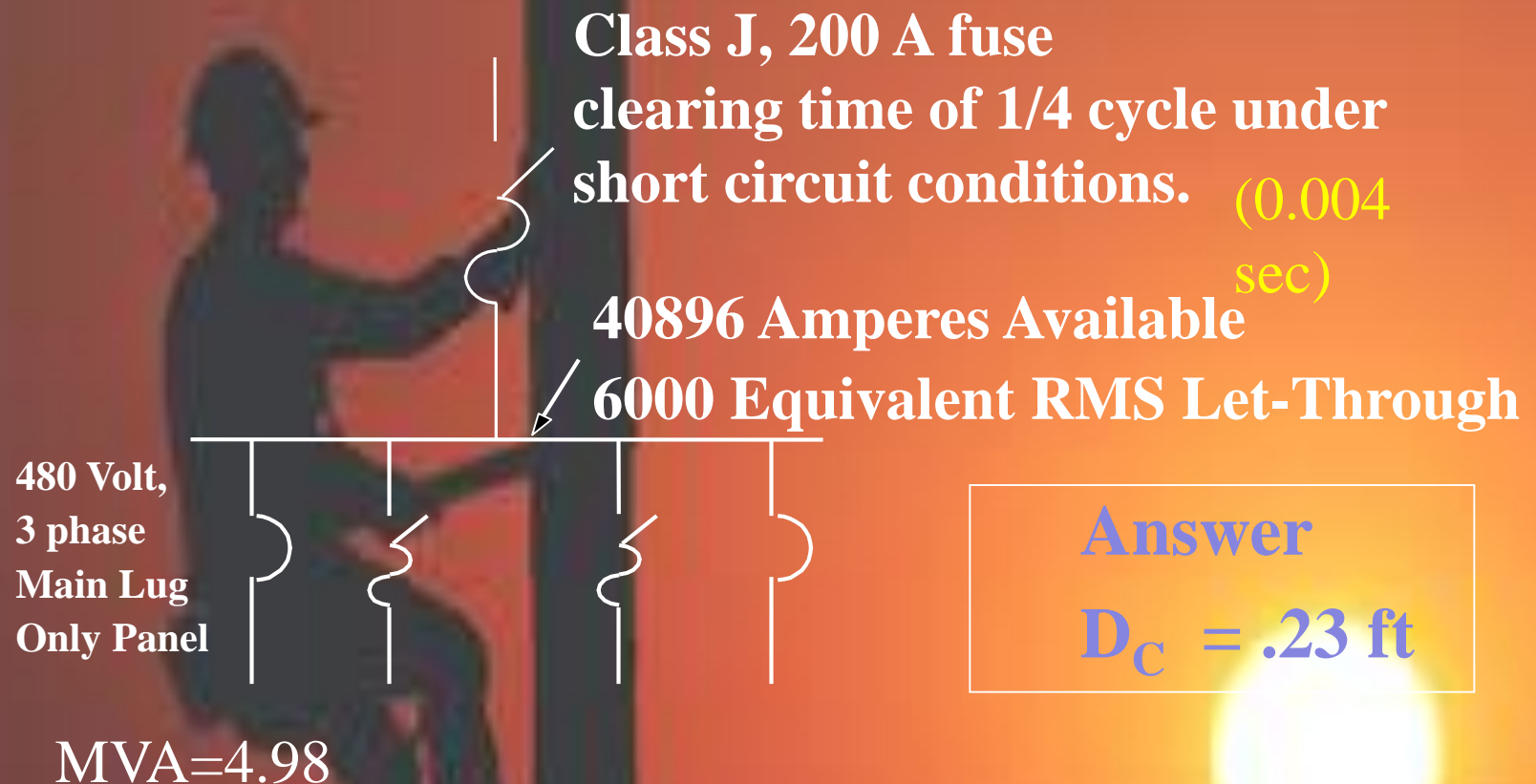
$$1 \text{ Calorie} = 4.1868 \text{ watt-seconds}$$

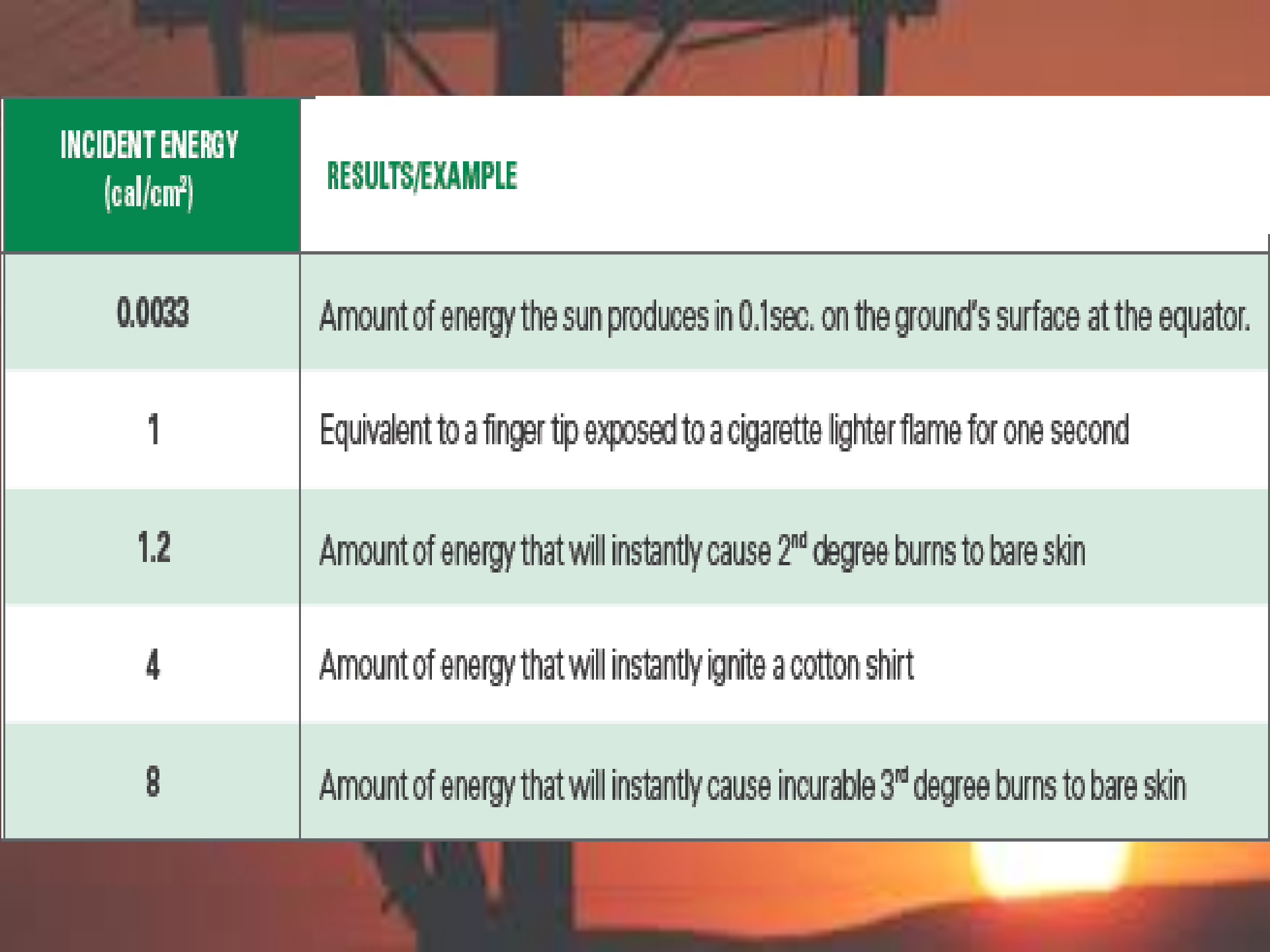
$$1 \text{ Joule} = 1 \text{ watt-second}$$

# Flash Hazard Analysis - Example 2

- *Flash Protection Boundary* Calculation

Circuit using current limiting fuses





INCIDENT ENERGY (cal/cm <sup>2</sup> )	RESULTS/EXAMPLE
0.0033	Amount of energy the sun produces in 0.1sec. on the ground's surface at the equator.
1	Equivalent to a finger tip exposed to a cigarette lighter flame for one second
1.2	Amount of energy that will instantly cause 2 <sup>nd</sup> degree burns to bare skin
4	Amount of energy that will instantly ignite a cotton shirt
8	Amount of energy that will instantly cause incurable 3 <sup>rd</sup> degree burns to bare skin



<b>INCIDENT ENERGY (cal/cm²)</b>	<b>HAZARD RISK CATEGORY</b>
<b>0 to 1.2</b>	<b>0</b>
<b>1.21 to 4</b>	<b>1</b>
<b>4.1 to 8</b>	<b>2</b>
<b>8.1 to 25</b>	<b>3</b>
<b>25.1 to 40</b>	<b>4</b>

# ***PPE :***



Hazard Risk  
Category 0



Hazard  
Risk  
Category 1



Hazard  
Risk  
Category 2



Hazard  
Risk  
Category 3



Hazard  
Risk  
Category 4

# What determines the severity of an Arc Flash?

- ⚡ *Available short circuit current*
- ⚡ *System voltage*
- ⚡ *Arc gap*
- ⚡ *Distance from the arc*
- ⚡ *Opening time of overcurrent*
- ⚡ *protective device (OCPD)*

# Common Causes

- ⚡ *Worn or broken conductor insulation*
- ⚡ *Exposed live parts*
- ⚡ *Loose wire connections*
- ⚡ *Improperly maintained switches*
- ⚡ *and circuit breakers*
- ⚡ *Obstructed disconnect panels*
- ⚡ *Water or liquid near electrical*
- ⚡ *equipment*
- ⚡ *High voltage cables*
- ⚡ *Static electricity*
- ⚡ *Damaged tools and equipment*



DATA	EX. 1 - FUSE	EX. 2 - CIRCUIT BREAKER
Fault Current ( $I_{SC}$ )	43.7 kA	43.7 kA
Flash Protection Boundary ( $D_C$ )	12 inches	34 inches
Incident Energy ( $E_{MB}$ )	1.27 cal/cm <sup>2</sup>	10.54 cal/cm <sup>2</sup>
Hazard Risk Category	1	3

# Flash Hazard Analysis

70E-2004 P. 100

## *Incident Energy Calculation*

### Formula:

$$E_{MB} = 1038.7 D_B^{-1.4738} t_A [0.0093F^2 - .3453F + 5.9675] \text{ cal/cm}^2$$

$E_{MB}$  = Incident Energy (cal/cm<sup>2</sup>)

$D_B$  = Distance, (in.) [*for Distances  $\geq 18$  inches*]

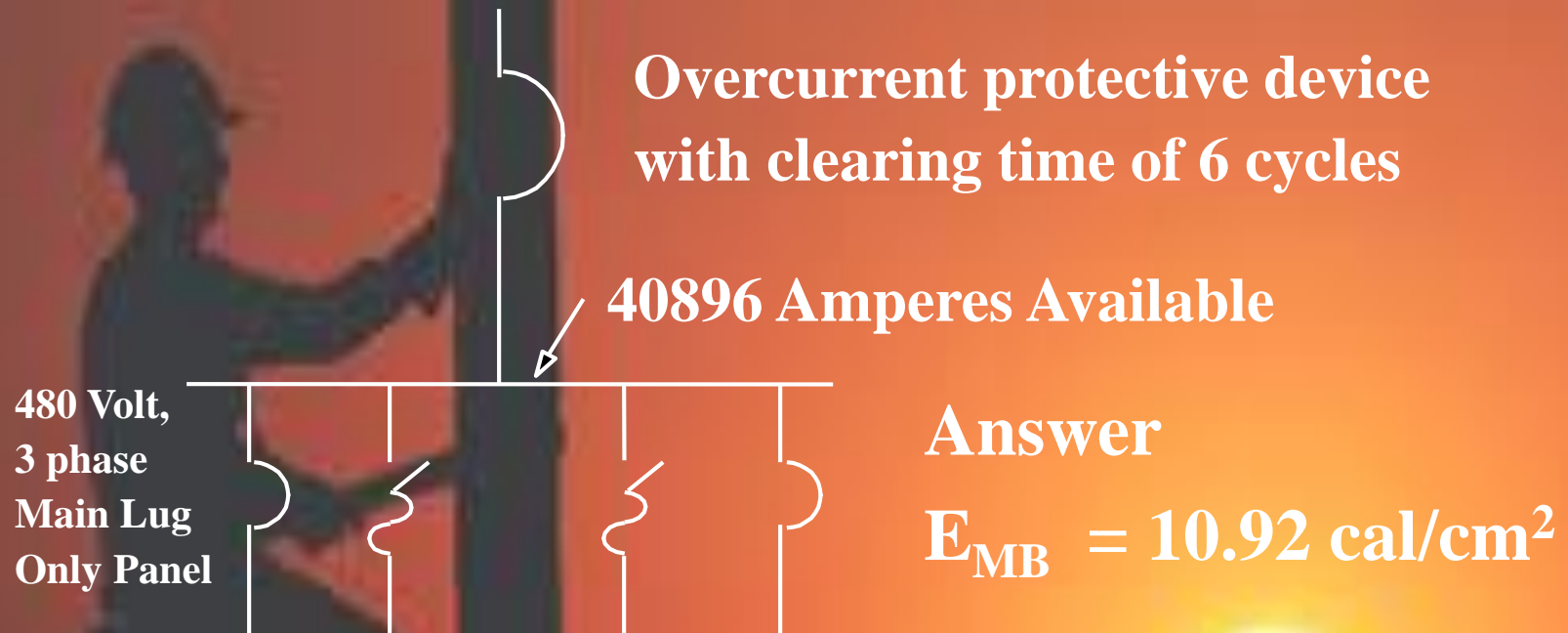
$t_A$  = Arc Duration, (sec.)

$F$  = Bolted Fault Short Circuit Current [16KA to 50kA]

# Flash Hazard Analysis - Example 1

## *Incident Energy* Calculation @ 18"

Circuit using non-current limiting circuit breaker



# Flash Hazard Analysis

## *Incident Energy* Calculation @ 18"

Example 1: **40896 amps** of available fault current, 480 volt 3 phase system, **Non-current limiting** overcurrent device **6 cycle (0.1 sec)** opening time.

$$E_{MB} = 1038.7 D_B^{-1.4738} t_A [0.0093F^2 - .3453F + 5.9675]$$

$$E_{MB} = 1038.7 (18)^{-1.4738} (.1) [0.0093(41)^2 - .3453(41) + 5.9675]$$

$$E_{MB} = 10.92 \text{ cal/cm}^2$$



# Flash Hazard Analysis

*Incident energy exposure* needs to be  
calculated for all levels of fault current.



# Flash Hazard - NFPA 70E

## Article 130

*To enter or work within Flash Protection Boundary:*

*shall do flash hazard analysis  
employer shall document incident energy  
exposure of worker*

*worker shall use appropriate flame resistant  
(FR) clothing and personal protective  
equipment (PPE) for level of incident  
energy exposure*

Hazard Risk Category	Required Minimum Arc Rating of PPE (cal/cm <sup>2</sup> )	Typical Protective Clothing Systems Clothing Description	Minimum Flash Protection Boundary (in.)
0	N/A	1 layer of non-melting, flammable fabric with weight of at least 4.5 oz/yd <sup>2</sup>	6
1	4	1 layer of a FR shirt and FR pants or FR coverall	15
2	8	1 or 2 layers of FR shirt and FR pants with conventional cotton underwear	45
3	25	2 or 3 layers of FR shirt, FR pants plus FR coverall cotton underwear	60
4	40	3 or more layers of FR shirt, FR pants plus multi-layer flash suit	~120

Derived from NFPA 70E Table 130.7(C)(11)

# **Safety Principles**

**“Training, Planning and Writing  
Procedures”**

**Plan every job**

**Anticipate Unexpected Results**

**Use Procedures as Tools**

**Identify the Hazard**

**Assess People’s Abilities**



# **Safety Principles**

**“Providing an Electrically Safe Work Condition”**

**Use the Right Tool for the Job**

**Isolate the Equipment**

**Protect the Person**

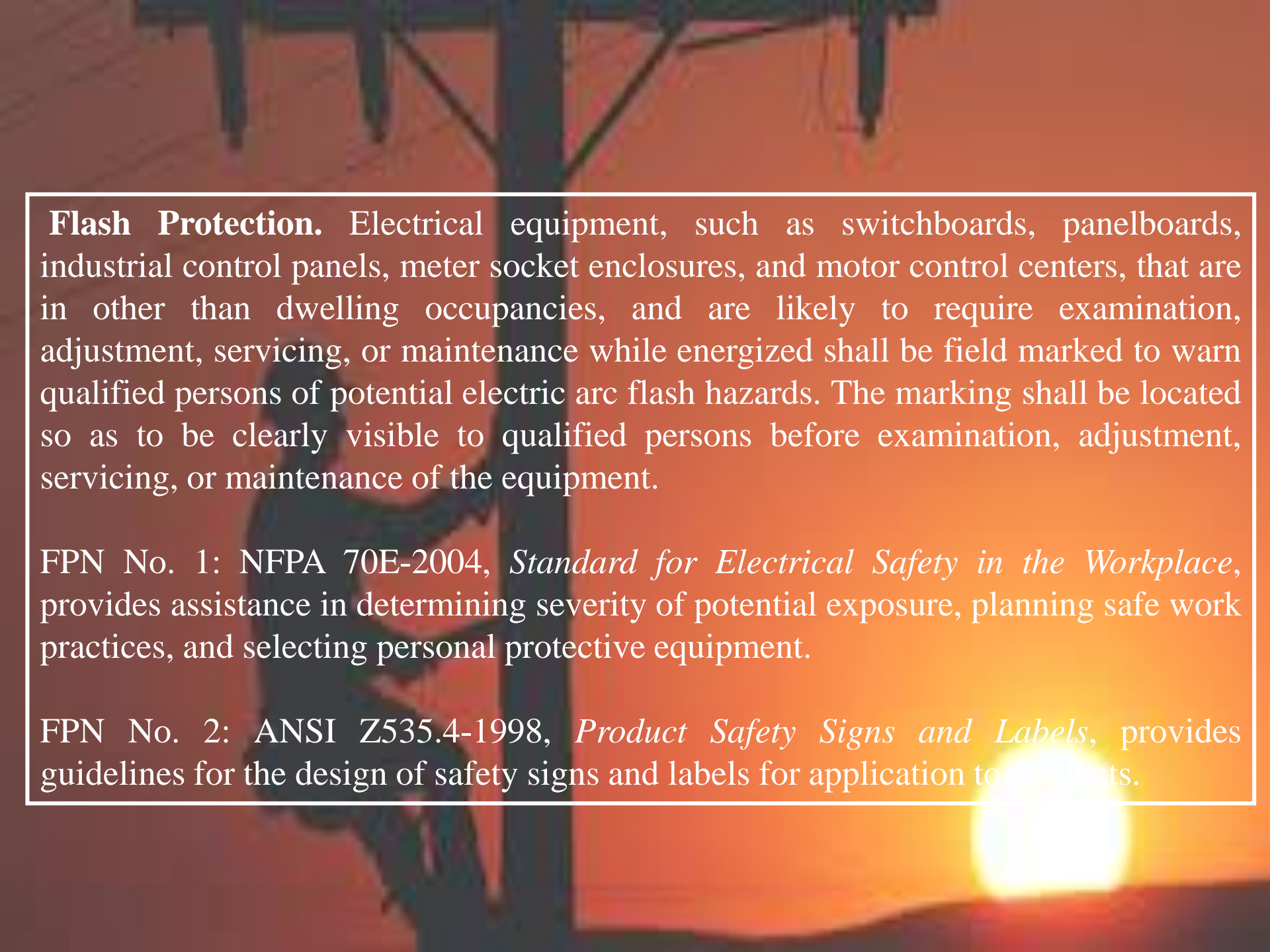
**Minimize the Hazard**

**Audit these Principles**

# Hazard/Risk Analysis

**Hazard/Risk Analysis is a decision making process required to:**

- evaluate circuit information drawings
- determine the degree and extent of hazards
- job planning necessary to safely perform task
- determine **Shock “*Approach Boundaries*”** requirements
- determine **“*Flash Protection Boundary*”** requirements
- determine **“*Incident Energy Exposure*”**
- determine appropriate Personal Protective Equipment (PPE) based on the potential hazards present
- evaluate personnel qualifications

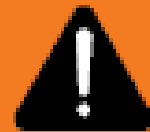
A worker in safety gear is working on a high-voltage electrical structure, possibly a transmission tower or switchboard, against a sunset background. The worker is wearing a hard hat, safety glasses, and a safety harness. The background shows a bright sun setting over a horizon, with the sky transitioning from orange to red. The worker is positioned on the left side of the frame, and the electrical structure is in the center. The overall scene is a high-contrast, dramatic image of industrial work.

**Flash Protection.** Electrical equipment, such as switchboards, panelboards, industrial control panels, meter socket enclosures, and motor control centers, that are in other than dwelling occupancies, and are likely to require examination, adjustment, servicing, or maintenance while energized shall be field marked to warn qualified persons of potential electric arc flash hazards. The marking shall be located so as to be clearly visible to qualified persons before examination, adjustment, servicing, or maintenance of the equipment.

FPN No. 1: NFPA 70E-2004, *Standard for Electrical Safety in the Workplace*, provides assistance in determining severity of potential exposure, planning safe work practices, and selecting personal protective equipment.

FPN No. 2: ANSI Z535.4-1998, *Product Safety Signs and Labels*, provides guidelines for the design of safety signs and labels for application to products.

## Preferred Label Approach



# WARNING

## Arc-Flash and Shock Hazard

Appropriate PPE Required

Flash Protection Boundary	<u>32 inches</u>	Available Fault Current	<u>35 kA</u>
Hazard Risk Category	<u>1</u>	System Voltage	<u>480 VAC</u>
Incident Energy at 14" (cal/cm <sup>2</sup> )	<u>2.77 cal/cm<sup>2</sup></u>		

### REQUIRED PPE

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Hard Hat       | <input type="checkbox"/> Flash Hood          | <input checked="" type="checkbox"/> Voltage Rated Gloves | <input checked="" type="checkbox"/> FR Pants |
| <input type="checkbox"/> Safety Glasses | <input type="checkbox"/> Ear Protection      | <input checked="" type="checkbox"/> Leather Gloves       | <input type="checkbox"/> FR coverall         |
| <input type="checkbox"/> Safety Goggles | <input type="checkbox"/> T-shirt             | <input type="checkbox"/> Cotton Underwear                | <input type="checkbox"/> Flash Suit          |
| <input type="checkbox"/> Face Shield    | <input type="checkbox"/> Long Sleeve Shirt   | <input type="checkbox"/> Long Pants                      | <input type="checkbox"/> Leather Shoes       |
|   | <input checked="" type="checkbox"/> FR Shirt |  |  |

### SHOCK HAZARD APPROACH BOUNDARIES

Limited	<u>42 inches</u>	Restricted	<u>12 inches</u>	Prohibited	<u>1 inch</u>
---------	------------------	------------	------------------	------------	---------------

Equipment ID: Bus: SERVICE4

Date: 05/12/05



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**POWR-GARD™ Products**

**800-TEC-FUSE**

**www.littelfuse.com**





# WARNING

## Arc Flash and Shock Hazard Appropriate PPE Required

**24 inch** Flash Hazard Boundary

**3** cal/cm<sup>2</sup> Flash Hazard at 18 inches

**1DF** PPE Level, **1 Layer 6 oz Nomex®**,  
**Leather Gloves Faceshield**

**480 VAC** Shock Hazard when **Cover is removed**

**36 inch** Limited Approach

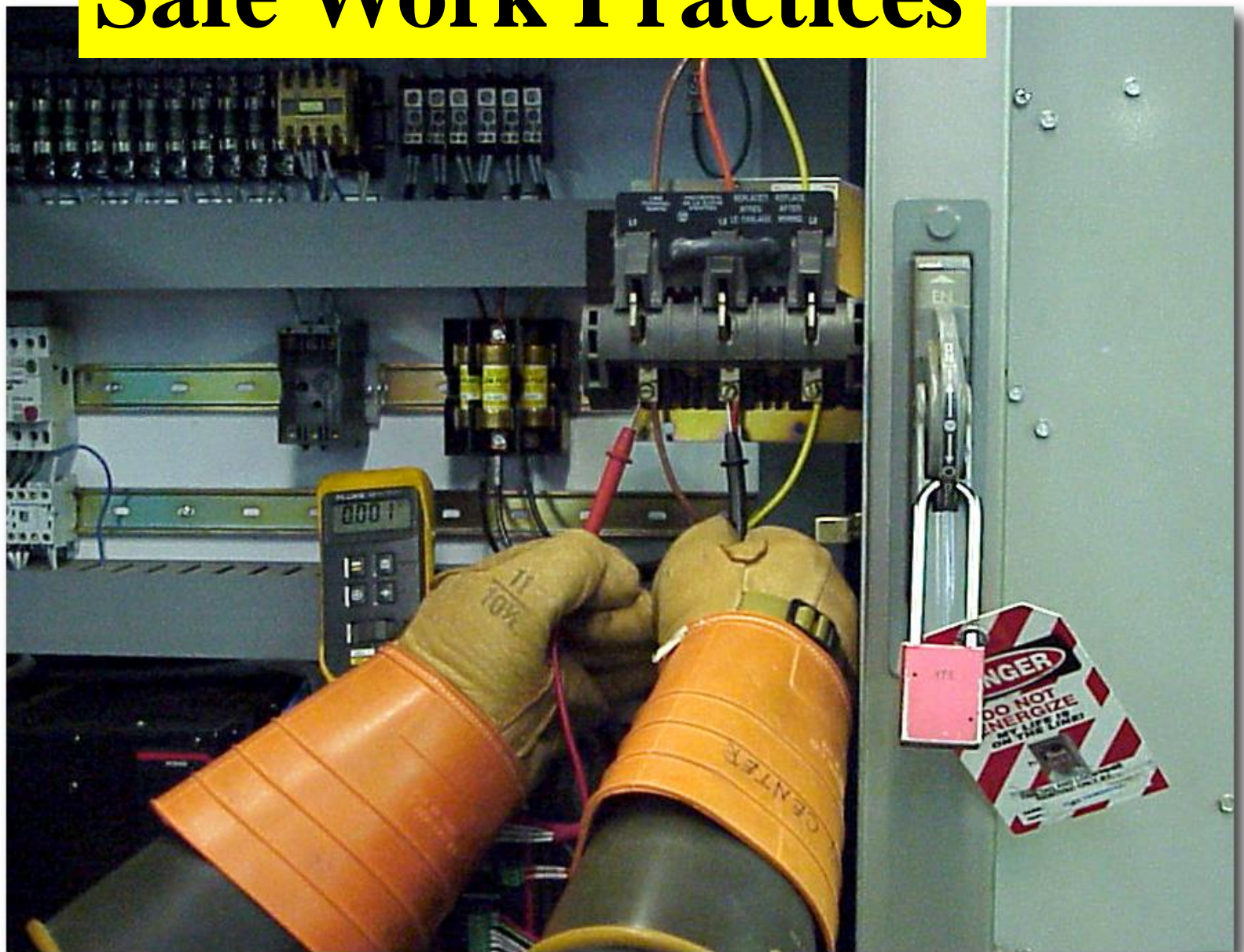
**12 inch** Restricted Approach - **500 V Class 00 Gloves**

**1 inch** Prohibited Approach - **500 V Class 00 Gloves**

Equipment Name: **Slurry Pump Starter**

Courtesy E.I. du Pont de Nemours & Co.

# Safe Work Practices







**IS NO ACCIDENT**

# **SIMPLE RULES TO FOLLOW**

- ⚡ **DO NOT GUESS**
- ⚡ **FOLLOW PEC**
- ⚡ **USE PROPER INSTRUMENTS**
- ⚡ **ALWAYS USE SAFETY DEVICES**
- ⚡ **LOCKING & TAGGING PROCEDURE**
- ⚡ **EEW PERMIT**
- ⚡ **ARC FLASH ANALYSIS**
- ⚡ **JHA**
- ⚡ **NEVER WORK ALONE**
- ⚡ **USE DANGER SIGNS**

# *Final Advice*

*Treat electricity with  
the respect it demands,  
and it will serve you  
efficiently and effectively*







**funny fuse**

A close-up photograph of a multi-colored fiber optic cable. The cable's outer jacket is white and ribbed. The internal strands are visible, showing a variety of colors including blue, green, yellow, orange, and red. The strands are fanned out from the top left towards the bottom right. A bright, warm light source is positioned in the center, creating a strong lens flare and illuminating the strands. The background is dark, making the light and the colorful strands stand out.

*THANK YOU ALL!*